



# Wellness Recovery Action Plan (WRAP®)

## When & Where:

- ❖ **Location:** The Mental Health Association in Forsyth County
- ❖ **Address:** 1509 South Hawthorne Road, Winston-Salem, North Carolina 27103
- ❖ **Dates:** **Monday March 27 @9am-5pm; Tuesday March 28@9am-5pm; & Wednesday March 29 @9am-3:30pm (MUST ATTEND ALL 3 DATES)**
- ❖ **Contact Information:** *Susan Wheeler* at 336.768.3880  
(or) [susan@triadmentalhealth.org](mailto:susan@triadmentalhealth.org)
- ❖ **Cost:** \$20 dollars per participant (NON-REFUNDABLE)

*(Space is limited- to reserve your spot the application and fee must be turned in prior to Monday March 20th at 5 pm.)*

## Description:

- ❖ Are you pursuing a North Carolina Peer Support Specialist certification? This 20-hour course is approved by the State of NC to fulfill 20 hours of the total 60-hour educational requirement for certification as a Peer Support Specialist.
- ❖ The course is also beneficial to anyone who is interested in monitoring, reducing and eliminating uncomfortable or dangerous physical and emotional difficulties. The course textbooks (2), "Wellness Recovery Action Plan, and workbook" written by Mary Ellen Copeland, PhD, is provided.



**Mental Health  
Association**

*The Wellness  
Recovery Action  
Plan (WRAP)  
training will be  
sponsored by  
the*

*Mental Health  
Association in  
Forsyth County*

*And*

*Partners Health  
Management*

**2023**